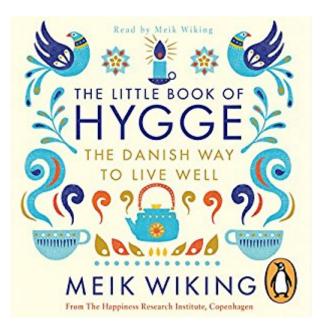
The book was found

The Little Book Of Hygge: The Danish Way To Live Well





Synopsis

Penguin presents the unabridged downloadable audiobook edition of The Little Book of Hygge, written and read by Meik Wiking. Denmark is often said to be the happiest country in the world. That's down to one thing: hygge. 'Hygge has been translated as everything from the art of creating intimacy to cosiness of the soul to taking pleasure from the presence of soothing things. My personal favourite is cocoa by candlelight....' You know hygge when you feel it. It is when you are cuddled up on a sofa with a loved one or sharing comfort food with your closest friends. It is those crisp blue mornings when the light through your window is just right. Who better than Meik Wiking to be your guide to all things hygge? Meik is CEO of the Happiness Research Institute in Copenhagen and has spent years studying the magic of Danish life. In this beautiful, inspiring audiobook, he will help you be more hygge: from picking the right lighting and planning a dinner party through to creating an emergency hygge kit and even how to dress. Meik Wiking is the CEO of the Happiness Research Institute in Copenhagen. He is committed to finding out what makes people happy and has concluded that hygge is the magic ingredient that makes Danes the happiest people in the world.

Book Information

Audible Audio Edition Listening Length: 3 hours and 13 minutes Program Type: Audiobook Version: Unabridged Publisher: Penguin AudioBooks Audible.com Release Date: September 1, 2016 Language: English ASIN: B01L7IL5H0 Best Sellers Rank: #67 in Books > Audible Audiobooks > Arts & Entertainment > Design #68 in Books > Travel > Europe > Denmark > General #105 in Books > Cookbooks, Food & Wine > Regional & International > European > Scandinavian

Customer Reviews

Generally a light read, a few interesting ideas worth adopting. The book was more like an extended magazine article which made it relatively expensive for what you got.

Download to continue reading...

The Little Book of Hygge: The Danish Way to Live Well Danish Dictionary: Danish-English, English-Danish (Routledge Bilingual Dictionaries) Little Bunny - I Like..., Lille Hare - Alt det jeg kan lide: Picture book English-Danish (bilingual) 2+ years (Little Bunny - Lille Hare - English-Danish (bilingual)) (Volume 2) Pimsleur Danish Level 1 Lessons 11-15: Learn to Speak and Understand Danish with Pimsleur Language Programs The Danish Way of Parenting: What the Happiest People in the World Know About Raising Confident, Capable Kids Danish Modern The Little Books of Champagne, Chocolate, and Roses: The Little Book of Champagne/The Little Book of Chocolate/The Little Book of Roses The Book of Not So Common Prayer: A New Way to Pray, A New Way to Live Living Well with Endometriosis: What Your Doctor Doesn't Tell You...That You Need to Know (Living Well (Collins)) Living Well with Endometriosis: What Your Doctor Doesn't Tell You...That You Need to Know (Living Well (Collins)) by Morris, Kerry-Ann 1st (first) Edition [Paperback(2006/4/4)] Living Well with Endometriosis: What Your Doctor Doesn't Tell That You Need to Know (Living Well (Collins)) by Morris. Kerry-Ann (2006) Paperback Well Said (Well Said, New Edition) A Little Books Boxed Set Featuring Little Pea, Little Hoot, Little Oink Ultimation: Play to Live, Book 7: Play to Live, Book 7 The Perfectly Imperfect Home: How to Decorate and Live Well Saving the Bible from Ourselves: Learning to Read and Live the Bible Well Raw and Simple: Eat Well and Live Radiantly with 100 Truly Quick and Easy Recipes for the Raw Food Lifestyle Despite Lupus: How to Live Well with a Chronic Illness Hot Times : How to Eat Well, Live Healthy, and Feel Sexy During the Change How to Retire Overseas: Everything You Need to Know to Live Well (for Less) Abroad

<u>Dmca</u>